

It takes approximately 10 months to grow a wheat plant from seed to harvest. Two loaves of bread can be made from a square metre of wheat in a field.

Over 9 million loaves of bread are eaten in the UK every day!

Cereals make a vital contribution to your daily intake of carbohydrate, protein, fibre, vitamins and minerals.

Cereal farming - did you know?

Wheat is the biggest crop grown in the UK, followed by barley and oats.

There are 45-50 grains of wheat per ear.

Technology is often used to manage cereal crops such as satellite guided tractors, aerial mapping of fields and the use of drones.

Farmers look after the countryside, growing strips of wildflowers and crops to encourage bees and birds.

A spoonful of healthy soil contains more living organisms than the number of people on the planet.



wheat

bee

combine harvester

tractor

bread

worm

