


The farmers' most important job is to look after the health and welfare of their cattle.

Cattle can graze on land that is unsuitable for growing crops, such as hills.

Cattle lie down for 12–14 hours a day but only sleep for four hours.

Beef is a good source of protein for us. It helps our bodies to grow and repair.

## Beef farming - did you know?



Farmers look after the countryside, maintaining habitats for wildlife such as birds and bees.

Cattle have four compartments that act as a stomach and are called ruminants.

Each animal has a passport and is identified with an ear tag.



## I spy

Are you good at finding things hidden around you? Can you spot the following items on the farm?

**farmer**

**ear tag**

**field gate**

**straw**

**animal feed**

**tractor**

**calf**

**grass**

**hedges**

**water trough**



## What did you see on your farm visit today?

We'd love to see your drawing skills.  
Is there anything that inspired you?

